

You are scheduled for a sleep test at Brigham & Women's Faulkner Hospital located at:
1153 Centre Street Suite 5M, Boston, MA 02130
617.796.7766 (Scheduling)

To learn more about your sleep study, please watch the video located at:
<https://www.neurocareinc.com/bwhfaulkner>

PRE-REGISTRATION:

Please register for Partners Patient Gateway prior to your appointment. Visit www.patientgateway.org/ to register or call **866-489-4056**.

INSURANCE INFORMATION

Check directly with your insurance carrier regarding any out of pocket expenses related to your test. Your insurance may not pay for 100% of your sleep study. Even if we have obtained precertification, or if the sleep study is determined to be "authorized" or "covered", you may still be responsible for paying your co-pay, any non-covered portions, and any deductible as determined by your insurance.

WHAT TO BRING TO THE SLEEP TESTING CENTER:

- Comfortable clothing / 2 piece pajamas
- Small snacks (Please bring a cooler if necessary for any food, drinks, or snacks that need refrigeration)
- Personal toiletry items (toothpaste, soap, etc.)
- Anything that will make you feel comfortable on the evening of your study (e.g. pillow, book, magazine, etc.). TVs are provided in each patient room.
- *Take/bring all regular and emergency medications that you need for the evening and following morning as prescribed, unless otherwise directed by your physician. Please bring a list of all current medications.*

Please note: Sleep testing center technologists cannot provide/administer any medications

SLEEP CENTER LOCATION

- Enter driveway & go straight to **PATIENT PARKING**
- Go through **EMERGENCY ROOM** entrance, located on the 1st floor (right of the building as your approach from the front)
- A member of the **security team** will be staffed inside the doors and will direct you to the sleep center
- The sleep lab is located on the **5th floor** and is labeled as **Suite 5M**
- If you have trouble locating the sleep center, or need any assistance getting into the building, please call the sleep center directly at **617-983-7299**.
- If you park in the parking garage near the Emergency Department overnight, you will be given a \$10.00 voucher for the parking

AFTER YOUR SLEEP TEST:

If you are excessively sleepy upon waking, please arrange for someone drop and pick you up at the sleep center.

OBTAINING YOUR TEST RESULTS:

Contact your referring physician for sleep study results. Study results will not be sent directly to patients.

Additional Information:

- Sensors that monitor your brain waves are placed on your scalp with conductivity paste. The paste (not glue) can easily be washed out of your hair when you shower at home. *You may want to bring a hat to wear home and wait on hair styling appointments until after your study.*
- The technologist will ask you to be in bed by 11pm to begin running the study. The study will conclude **no later than 6am**, unless otherwise directed by your referring physician
- It will be easy to disconnect from the wires to use the restroom
- You will have a private room. There will be a small camera so the technologists can see sleep positions and listen if you have a question or need help